

Messy Hippo Family Daycare Sample Day Program

Morning:

Time	Activities
8.00 am to 9.00 am	Check in
9.00 am to 10.00 am	Playing
10.00 am to 10.30 am	Snack time
10.30 am to 11.00 am	TV time
11.00 am to 12.00 pm	Circle Time
12.00 pm to 12.30 pm	Cleanup Time

- Breakfast is served to the kids during check in time
- Circle time includes music, dance, age appropriate educational activities, reading a book. Children are encouraged to sit together and enjoy this time.

Lunch:

12.30 pm to 1.30 pm

Quiet time:

- 1.30 to 3.30 – Nap time for infants and toddlers.
Quiet time for school going children.
- 3.30 to 4.00 – Waking up, Diaper change.

Evening:

Time	Activities
4.00 to 4.30	Evening snacks and milk time
4.30 to 5.00	Free Plays, coloring, playing with friends
5.00 to 6.00	Pickup time.

- As a mother, I know the importance of cleanliness. Before any meals or snacks I will be definitely washing their hands.
- Diaper change: Every two hours for toddlers and as needed too. For infants more often and as required.